singing rock®

JACK

JACK descender in Tensioned Lines







safety FIRST

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This document outlines the specific properties of the products used and is not intended to provide a comprehensive explanation of all techniques involved.

This document provides supplemental information to the Instructions for Use for each piece of PPE used. It is essential to read and thoroughly understand these instructions first.

You may only perform these techniques safely if you have been properly trained or are under the constant supervision of a competent, trained person.

INTRODUCTION

Tensioned lines (also known as Tyroleans, highlines, zip-lines, telphers, or tramways) consist of ropes rigged between two anchors to facilitate horizontal or diagonal movement, or to access areas where no other anchors or access methods are available. In rope access, they are commonly utilized for bridge inspections, overhead work, and similar tasks.

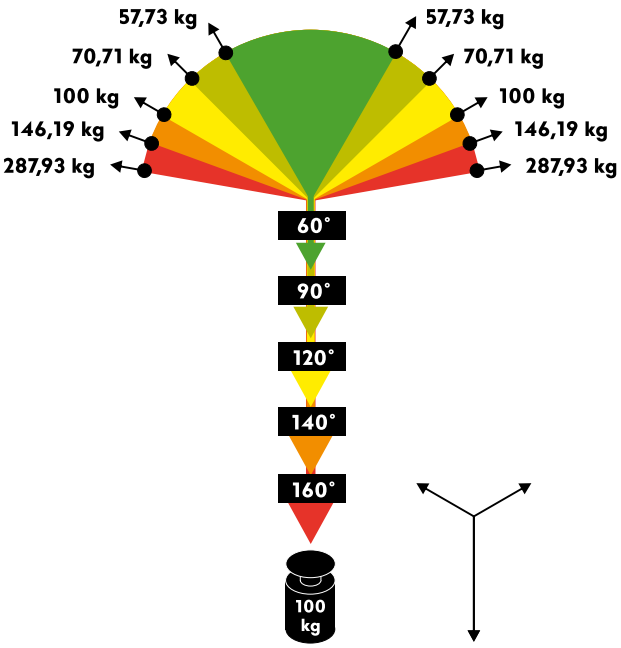
Currently, no specific standard addresses the industrial use of tensioned lines in rope access. Tensioned lines differ from a lifeline covered by the EN 795/C standard. IRATA International has released Annex T: Tensioned Lines Guidance as part of the IRATA International Code of Practice (ICOP), which now provides a framework for safe use and risk management of tensioned lines in industrial rope access.

While most rope access devices—including descenders—do not explicitly list tensioned line use in their Instructions for Use, some may be effective for tensioning and controlled release. In accordance with the aforementioned IRATA guidance, we have tested and summarized the performance, characteristics, and safety considerations for the JACK descender when used for these applications.

Tensioned lines can easily exceed the safe working loads of anchors and equipment. The tests below indicate that the recommended initial tensioning (up to 2 kN) generates loads that exceed the Maximum Rated Load of the JACK descender; however, these loads are not harmful to the device itself or the associated equipment. Initial tensioning to higher forces increases the risk of overloading and should be avoided.

Theory and primary hazards

Due to load distribution, the primary hazard is system overloading, which can lead to anchor or equipment failure. Other risks include: excessive sag resulting in ground contact; rope slippage or sheath failure (leading to increased sag and potential ground contact); and the inability to release the descender while under tension. The illustration below demonstrates the relationship between loading angles and the resultant forces on the anchors.



Pulley Efficiency Test

In tensioned lines, a descender is used as a low-efficiency locking pulley. As a result, there is often a significant discrepancy between the theoretical and actual efficiency of the pulley system. This test measured the force required to lift an 80 kg mass from the ground. The measurements were conducted using a new JACK descender and new ropes.

1. SETUP (1:1)



Rope	F (kg)
Tendon STATIC 10	239
Singing Rock STATIC 10.5	249
Singing Rock STATIC 11	260

2. SETUP (2:1)



Rope	F (kg)
Tendon STATIC 10	63
Singing Rock STATIC 10.5	64
Singing Rock STATIC 11	66

Depending on the rope type, the efficiency of the JACK descender in tensioned lines is approximately 30-33%.

Rope Slippage Test

This test measured rope slippage through the JACK descender. The values below represent the load (kN) at which a brand-new rope typically begins to slip during slow-pull laboratory testing. For comparison, both a brand-new device and a partially worn unit were tested.

Rope Type and Diameter (mm)	New JACK (kN)	Worn JACK (kN)
Tendon STATIC 10	**5.8**	**3.3**
Singing Rock STATIC 10.5	**5.8**	**3.7**
Singing Rock CONTRA 10.5	**5.8**	**3.5**
Singing Rock STATIC R44 10.5	**6.0**	**3.7**
Singing Rock STATIC 11	**11.0***	**6.3**
Singing Rock CONTRA 11	**8.1**	**5.1**
Singing Rock STATIC R44 11	**7.4**	**5.0**
Singing Rock STORM 9.8	**3.5**	**0-2**

*) outer sheath of the rope was damaged

Slippage performance of the JACK descender depends heavily on rope specifications (diameter, type, and condition) and the wear of the descender itself.

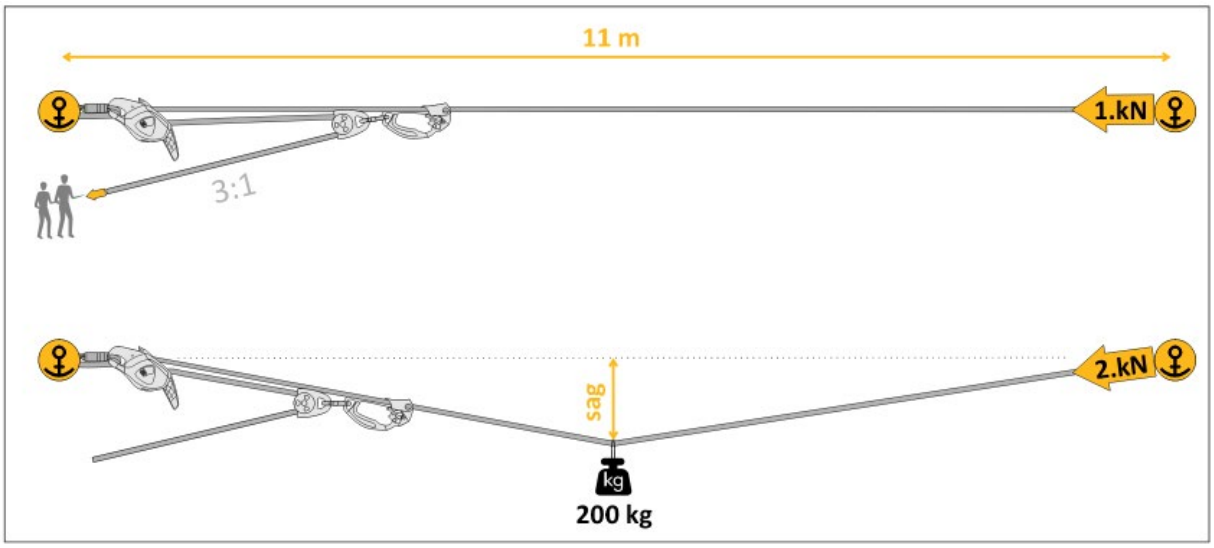
Using a worn JACK descender with certain rope types may lead to slippage within the tensioned line, resulting in increased sag.

Tensioning and Release Test

The load exerted on anchors and equipment, as well as the resulting sag, are primarily affected by the length of the tensioned line, the initial tensioning force, and the additional load applied to the line. In this test, an II-meter horizontal line was tensioned, loaded, and measured according to the following procedure:

- Initial Tensioning: Tensioning a single II m horizontal line and measuring the resultant force on the anchor.
- Loading: Applying a 200 kg load to the center of the line, then measuring the anchor tension and the total sag.
- Controlled Release: Releasing the tensioned line using the JACK descender.
- Repetition: Repeating the procedure with increased levels of initial tension.

Rope used: Singing Rock STATIC 11.0 rope clamp used: Singing Rock LIFT ascender



Tensioning Method	Initial Tension (kN)	Tension w/ 200 kg (kN)	Sag (cm)	Rope Slippage (cm)	JACK Release
3:1 – 1 person easy pull	1.0	3.2	190	0	Easy
3:1 – 2 persons easy pull	2.0	4.0	180	0	OK
3:1 – 2 persons hard pull	3.0	4.55	145	0	OK
5:1 – 2 persons easy pull	4.0	5.55	120	0	Hard but possible

Tests indicate that initial tension is a primary factor influencing the final anchor load. While higher initial tension partially reduces sag, it significantly increases the forces exerted on the anchors.

The results demonstrate that the JACK descender does not slip and remains capable of releasing the line in rescue or emergency scenarios. However, at tensions exceeding 5 kN, operating the release mechanism becomes difficult (requires significantly higher handle force).

During the test, the JACK descender was released without additional friction and without any problems. Nevertheless, we recommend using a pulley system for a controlled release, especially when releasing tensioned lines under human load (tensioned line rescue).

Use a 3:l pulley system pulled by no more than two people generates sufficient initial tension and is recommended for most scenarios. Increasing the mechanical advantage or involving additional personnel for tensioning should be avoided to prevent overloading.

Additional tips

- Reducing Sag: If it is necessary to reduce sag, install one more tensioned line rather than increasing the tension.
- Stopper Knots: Tying a stopper knot is not mandatory for the JACK descender. However, it may be used to prevent accidental release or to limit slippage in the event of overloading. We recommend tying a slip knot or an alpine butterfly knot at a distance of I meter from the descender.
- Sag Estimation: Calculating the exact amount of sag in a tensioned line is nearly impossible in real-world scenarios due to multiple variables. However, the following formula can be used for a quick approximation:

$$\text{Sag}\,(\text{m}) = \frac{\text{Length}\,(\text{m}) \times \text{Load}\,(\text{kg})}{1000}$$

(Example: A 10 m span under a 100 kg load generates approximately 1 m of sag)

